THE NEWSLETTER

OF

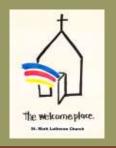
ST. MARK

LUTHERAN CHURCH

St. Mark Memo



September 2021 Newsletter



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God's Work Our Hands Sunday







God's Work Our Hands Sunday will take place on September 12. On this day, St. Mark will be providing food for the Community Luncheon. Each week at the luncheon, there are many individuals that come in need of various personal care items. As part of God's Work Our Hands we will be collecting cash donations and donations of personal care items. Following Sunday worship we will go on a shopping trip to purchase these items with the donations in order to distribute them at the luncheon. We will wear our yellow shirts. If you need a yellow shirt please call the church.





To Contact Pastor Mary:

email: mimarobinson@aol.com

Pastoral Emergencies: 860-326-1031

If you would like to make an appointment with Pastor Mary, please call the St. Mark office at 860-887-6826.

Morning Prayer

by phone or Internet Zoom 860-326-1031

Mondays and Fridays at 9:00 a.m.

To join the Morning
Prayer worship service
use the pastor's phone
number 860-326-1031
or ask for a Zoom
invitation.

Pastor Mary's Thoughts

Some who have visited in my office at 248 Broadway have seen the antique yoke hanging on the wall. The yoke was one of the items which I asked for when my siblings and I were dividing the things we inherited from our father. The yoke is hand carved and fitted with carrying hooks for water pails. A person could fit the shoulder piece across one's shoulders and place equal amounts of weight on each hook. Although carrying two pails of water was easier than carrying one pail at a time it still was a labor of work to carry water. I never had to carry water with the yoke but I did appreciate its artistic beauty so I claimed the yoke. I also asked for the yoke because it is a symbol to remind me of my relationship with God.

"Jesus said Take my yoke upon you and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11:29-30. I am reminded each time I glance at the yoke that I want to learn from Jesus. Jesus does not force himself upon me but is very ready to be my teacher. Among the busy hassle of living I seek rest for my soul. Jesus offers to me all that I need for learning. Jesus assures me that it won't be too much work. I do want a relationship with God knowing that God will be gentle with me. I do want a relationship with God coming right from the heart of God. It is not too hard to be under the yoke of Jesus. It is not too busy to be under the yoke of Jesus. It is not too heavy. It fits just right. It rests gently on my shoulders.

<u>SEPTEMBER WORSHIP SCHEDULE</u>

Sundays - 9:30 a.m. - Worship Mondays & Fridays - 9:00 a.m. - Morning Prayer Saturdays - 5:30 p.m. - Worship at the Place on Broadway

Saturday & Sunday Worship will observe the Lord's Supper on the first Saturday & Sunday of each month.



To Contact Vicar Eric:

email: vicaronbroadway@gmail .com

cell: 860-371-5969

If you would like to make an appointment with Vicar Eric, please call the St. Mark office at 860-887-6826.

Vicar Eric's Thoughts

To welcome folks means more than just putting out a "Welcome" mat.

When I was a kid if I found Diet Pepsi in the fridge it meant my Mom and Dad were having a certain couple over for a visit that night. We didn't drink Diet Pepsi and the only people we knew that did was this particular couple. When my parents had these folks over, they wanted them to enjoy themselves and feel welcome. Having them feel welcome meant providing them with refreshments they would enjoy and not necessarily just what was considered enjoyable in our family.

In my household, we are primarily vegetarian and some even vegan. I am a little different because I eat meat occasionally, but I choose to eat meat that has been hunted. One of my sons eats fish, so you can see the label of vegetarian means different things to each person. When we go to gatherings, we don't expect folks to accommodate us because that might be challenging to them, but when they do, it is greatly appreciated, and the level of welcome is beyond what was expected.

As Christians we are called to be welcoming, going above and beyond all expectations. To truly welcome means to show love. This is done by understanding and accommodating.

Hebrews 13:2 states, "Do not neglect to show hospitality to strangers, for by doing that some have entertained angels."

Romans 13:10 states, "Love does no wrong to a neighbor; therefore, love is the fulfilling of the law.

At St. Mark many of you have stated a desire to bring more folks into our worshipping community. It is important when visitors come that we don't just shake their hand and welcome them. We need to make sure they understand the differences between page numbers and hymn numbers in our worship book. We need to ask them about what they are looking for in a worship experience and listen to what they say. We also need to talk to folks who don't come to church and listen to what might bring them to our community. I don't mean we need to change everything we do, but we need to see if we can accommodate others, by going above and beyond what might be expected. St Mark might need to make some changes to be more welcoming. St. Mark has demonstrated change and adaptation with adhering to our Christian values. Offering wine and grape juice at communion is a change from previous generations, having jazz music in worship is a change. Changing some of our practices might bring more folks to St. Mark which means bringing more folks to Christ. We need to keep our identity at the same time finding ways to be more welcoming.

To follow God's desire for us to be welcoming we also need to welcome foreigners and those who seem most different from us. We need to remember we are all children of God including those from other lands and those who do not identify as Christians. As I write this, I can't help but think of folks in Afghanistan. Our country has come a long way toward being more inclusive of folks who are LGBTQ, our country has also made more strides in working toward equality for persons of color. As the Church, as Christians, we should be modeling love for all humans. We should be living a life of love as modeled to us by Christ.

A note from the office

The office is open 9-11:30 Monday-Thursday

For office questions you can reach Linda at 860-887-6826 or st.marklutheran248@gmail.com

For the Pastor please call Pastor Mary Robinson at 860-326-1031.

For the Vicar please call Vicar Eric Heinrich at 860-371-5969.

Worship Schedule

Saturdays - 5:30 p.m.

Sundays - 9:30 a.m.

Worship on Facebook / YouTube

YouTube channel: <u>ThePlace.stmark</u> Links found on Facebook: NorwichLutherans

You have a choice: Worshipping in person or virtual

Morning Prayer Mondays & Fridays - 9:00 a.m.



Saturday Worship at The Place

Saturday Worship at the Place is at 5:30 p.m. There is an eagerness to again be able to gather for spiritual nurture in the causal nature of The Place. Face masks and social distancing is expected by all who come. Each Saturday the doors are open to welcome anyone who wishes to praise God and pray with others.

Cathedrals - Visual Essence of Faith Seminar

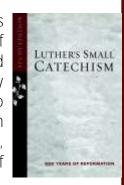
To step inside a Gothic cathedral is to step inside the visual essence of the Christian faith. Since the Christianization of Europe in the 4th century, cathedrals have served as centers of ecclesiastical authority; marvels of architectural genius and innovation; places to instruct communities about cherished Christian values and lessons, and sites of political, cultural, intellectual, and economic importance. Bring these captivating buildings right into your own home in this course, taught by noted medieval historian and award-winning Professor William R. Cook of SUNY Geneseo. These 24 lavishly illustrated lec-



tures make use of high-definition 3-D modeling and imagery to not just show you the world's great Gothic cathedrals, but to take you around and inside them. The seminar will begin at 4:30 p.m. on Saturdays in Memorial Hall.

Confirmation Class

Confirmation instruction classes are an intentional teaching to make the basics of Lutheran teachings become meaningful to young people who are capable of making up their own minds about Christianity. Young people 12 years and older are encouraged to enroll in the classes which will be each Sunday following worship in the pastor's office. The purpose is to invite the youth to become more fluent in the first language of faith, the language of the Bible, in order that they might live into their calling as people renewed, enlivened, empowered and become ready to take their place in the Church. The basics of the Lutheran teachings are simply stated in the text of the Small Catechism, which the class will explore each week.



<u>Lutheran Discipleship Class</u>

The last two Lutheran Discipleship Classes will take place on September 5 & 12 at 10:45 in Memorial Hall. These classes are part of a six-class, discussion-based series, led by **Pastor Mary, that explores Luther's Small** Catechism. Anyone is welcome to attend class and ask questions.

New Member Reception

On September 19 there will be a new member reception during Sunday worship to welcome those wishing to join St. Mark as a member. Please contact Pastor Mary or Vicar Eric if you desire making a formal connection at St. Mark.

Taking Part in Worship

There are many opportunities for individuals to get involved in worship at St. Mark. Each Sunday, we need volunteers to be assisting ministers, readers, kyrie singers, ushers, altar guild members, cameramen, and audio techs. These roles are vital to our worship, and it is easy to join the volunteer schedule and learn how to do them. If you are interested in helping with any of these roles, please call the office or speak with Linda Mandel. Pastor Mary, along with our audiovisual personnel, are happy to train new volunteers.







Congregation Council Members:

Tom Tolppi, President	860-389-6818	tomtolppi@yahoo.com
Lily Armstrong, Vice President	860-334-7376	joydog38@gmail.com
Lili Rafeldt, Secretary	860-376-4833	Irafeldt@comcast.net
Sabrina Tolppi	860-235-5740	swtolppi@yahoo.com
Joy Bachand	860-564-7333	joybachand@yahoo.com
Tom Seidel	860-642-6316	jtseidel@comcast.net
Pastor Mary Robinson	860-326-1031	mimarobinson@aol.com
Vicar Eric Heinrich	860-371-5969	vicaronbroadway@gmail.com

Other Officers: Financial Secretary, Rick Neuendorf

Bible Study

Bible study is offered on Fridays at 10:00 am. Pastor Mary guides the members in reading and interpreting the texts from the Bible which will be read at the Saturday and Sunday worship that week. Come at 10:00 or remain following Morning Prayer. We meet outside. Coffee will be ready for you to pour yourself a cup. The conversation includes a reading from the Bible and our understanding of just what was intended for our sense of purpose. Come once or come often. Bring your favorite translation or use one of the Bibles already here at the church.

Homeschoolers Return

The Thames Valley 4-H Homeschooling group will begin meeting Friday September 3, at St. Mark and will continue on select Fridays through December 17. They are here 8:30-2:30. We welcome their return and look forward to continuing our relationship with this group of leaders and children. It's always nice to hear children's voices at St. Mark!

Homebound Ministry

The very vital ministry of connecting with our homebound members and friends of St. Mark Church who are not able to come to Members worship will continue in the months ahead. No instruction is necessary on how to visit. If you would like to join this team of people, please speak to Pastor Mary Robinson or call the church office.

Book Club - Mondays

The Book Club just recently finished reading *A Promised Land* by Barack Obama. They are now reading *Reaching Out* by Henri J. M. Nouwen. With the clarity and depth characteristic of the classics, this spiritual bestseller lays out a perceptive and insightful plan for living a spiritual life and achieving the ultimate goal of that life — union with God. Book Club meets Monday mornings at 10:00 a.m. in the Gathering Room. Discussions are lively, and anyone is welcome to participate. Come join the reading community at St. Mark!



Midweek Messages

There is an opportunity to share your thoughts about your spiritual life. You are invited to write one or more of these midweek messages. Call or email the church office for more information.



Meetinghouse Rock Fair

On Saturday, August 28, St. Mark had a booth at the 88th Annual Meetinghouse Rock Fair. Vicar Eric and Pastor Mary brought our welcome place, renewing place, caring place, forgiving place, thinking place, and music place posters, along with brochures to hand out. They also played the recording of our Mid-Summer Music concert. Many individuals stopped by to learn about St. Mark.



The following gifts to our Memorial & Congregational Funds have been gratefully received and acknowledged with thanks

In Loving Memory of Sandra Oberg Gundlack by

> Virginia Maloney Hal Oberg

In Loving Memory of Elizabeth Jeppesen by

Sandy & Rick Neuendorf

On August 27 there was a graveside service held for Elizabeth Jeppesen.

Thrivent Socks and Underwear Drive

Many thanks to everyone who donated to our socks and underwear Thrivent grant project. Through your generosity, our church donated 164 pairs of socks, (70 from the grant and 94 from the congregation), 89 pairs of underwear (65 from the grant and 24 from the congregation) and 2 undershirts. This ministry helped to support St. Vincent DePaul Place.







Pictured at left:

Friday morning Bible Study wishes Lorraine Fox a happy birthday



Mid-Summer Music URL:

https://www.facebook.com/ NorwichLutherans/ videos/229142335755304/

Mid-Summer Music to Benefit Musicians

On August 8, St. Mark held a Mid-Summer Music concert to benefit our musicians. We were joined by Ian Frenkel on piano, Chris O'dell on drums, Eric Yanaway on bass, Greg Perry on drums, and Nolan Slate on saxophone. Thank you to everyone who came to support our musicians! The recording of the concert can be accessed at the URL above.



Installation of Pastor Heidi at St. Luke

St. Luke Lutheran Church in Gales Ferry will soon welcome Pastor Heidi Johnston and her family. Her installation will be September 19 at 3:00 at St. Luke Lutheran Church. All are welcome to join the congregation as the dean of our conference, Rev. Paul Krampitz, installs her.

Norwich Bully Busters

Norwich Bully Busters has as its goal to educate the community on the "Bullying Prevention Law" and school policies regarding bullying.

In addition to preventing violence in schools, they work towards providing the community with fun, interactive and low-to-no cost programs for youth in and around the City of Norwich.

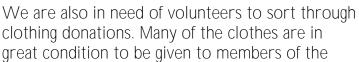
#kindnessismagical



In the fall, Bully Busters will be holding an afterschool Art Club at St. Mark in partnership with Norwich Parks and Rec. We look forward to welcoming them and their mission once again!

Clothing Shed Ministry

A new ministry has begun. Used clothing can be dropped off in the shed in our parking lot. This ministry will help us function in a more environmentally sound way by diverting clothes away from landfills. There are donation receipts available for tax deductions in the box on the clothing shed.



Norwich community. The volunteers would look through the donations to find clothes that could be distributed as part of the Community Luncheon, and they can even take clothes for themselves or others in their lives. If you are interested in sorting through donations or helping to find a home for these clothes, please email or call the church.

2022 ELCA Youth Gathering

Every three years, 30,000 high school youth and their adult leaders from across the Evangelical Lutheran Church in America gather for a week of faith formation known as the ELCA Youth Gathering. Through days spent in interactive learning, worship, Bible study, service and fellowship, young people grow in faith and are challenged and inspired to live their faith in their daily lives.

St. Mark's youth will be attending the Youth Gathering in Minneapolis in 2022. These gatherings are an experience like no other. If you are eligible to attend (anyone in high school including rising freshman and seniors who have just graduated), do not pass up the opportunity! We will be fundraising from now until next July to ensure that the costs of the trip are

covered. Currently, the Youth Fund has \$3,981.17 set aside for the Gathering.

If you have any questions or would like more information about the gathering, feel free to ask Pastor Mary. Vicar Eric will be helping to coordinate registration for the gathering.



2021 Flower Chart

The Flower Chart for 2021 is posted in the Narthex Reminder: The cost is \$30.00 per Sunday.



September Volunteer Schedule

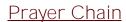
These assignments are made based on past willingness to serve. If this is a problem please contact the church office. Thank you.

Date:	September 5	September 12	September 19	September 26
Assisting Minister	Aiden McVicker	Christine Kuzmenko	Sandy Quarto	Virginia Maloney
Lector	Sue Underhill	Sandy Quarto	Sandy Neuendorf	Hal Oberg
Ushers	Richard Russ Tom Tolppi	Robin Slane Sandy Quarto	Richard Russ Sandy Vanase	Lily Armstrong Megan Armstrong
Altar Guild	Sandy Neuendorf Virginia Maloney			

If you are unable to serve on your assigned dates, please let Linda Mandel in the office know who your replacement will be by Wednesday evening so that the changes can be put into the Sunday bulletin. st.marklutheran248@gmail.com or 860-887-6826 Thank you!

Unitarian Universalist Church

On September 5, the Unitarian Universalist Church will begin worshipping on Sundays in the Chapel. They will worship at 10:00 and have already moved in some supplies. We welcome them and look forward to sharing our building with their congregation.





A prayer Chain is a group of persons linked together who take up their responsibility to pray, in their own time and place, for certain persons or concerns made known to them by the prayer chain leader who receives the prayer requests.

The prayer chain here at St. Mark is a means by which we live out our God-given mandate "to pray for one another". It lets immediate confidential prayer support begin at the time it is needed. Those who have been identified as links in the chain are linked together by phone or email.

Joy Bachand is the Prayer Leader and can be reached at joybachand@yahoo.com or 860-564-7333. She will make sure prayer needs are sent out to those who chose to be a link in the chain. If you want to become one of the links contact Joy.

Calendar of Events - September

Wednesday, September 1 Thursday, September 2

7:00 p.m. AA Meeting - Memorial Hall

Friday, September 3

9:00 a.m. Morning Prayer 10:00 a.m. Bible Study

8:00 p.m. AA Meeting - Memorial Hall

Saturday, September 4

4:30 p.m. Seminar 5:30 pm. Worship

Sunday, September 5, Pentecost 15

9:30 a.m. Worship

10:00 a.m. Unitarian Universalist

10:45 a.m. Discipleship Class - Memorial Hall

11:00 a.m. Cornerstone

1:00 p.m. Interfaith Luncheon - Memorial Hall

Monday, September 6

9:00 a.m. Morning Prayer

10:00 a.m. Book Club

Tuesday, September 7

6:30 p.m. Cornerstone - Gathering Room

Wednesday, September 8

Thursday, September 9

5:30 p.m. Finance Committee – virtual

7:00 p.m. AA Meeting - Memorial Hall

Friday, September 10

9:00 a.m. Morning Prayer

10:00 a.m. Bible Study

8:00 p.m. AA Meeting - Memorial Hall

Saturday, September 11

10:00 a.m. Prepare food for Interfaith Luncheon

4:30 p.m. Seminar

5:30 p.m. Worship

Sunday, September 12, Pentecost 16 God's Work Our Hands Sunday

9:30 a.m. Worship

10:00 a.m. Unitarian Universalist

11:00 a.m. Cornerstone

1:00 p.m. Interfaith Luncheon - Memorial Hall

St. Mark provides

Monday, September 13

9:00 a.m. Morning Prayer

10:00 a.m. Book Club

6:00 p.m. Helping Parents Heal - Gathering Room

Tuesday, September 14

6:30 p.m. Cornerstone - Gathering Room

Wednesday, September 15

5 p.m. Luncheon Steering Committee

Thursday, September 16

7:00 p.m. AA Meeting - Memorial Hall

Friday, September 17

9:00 a.m. Morning Prayer

10:00 a.m. Bible Study

8:00 p.m. AA Meeting - Memorial Hall

Saturday, September 18

4:30 p.m. Seminar

5:30 p.m. Worship

Sunday, September 19, Pentecost 17

9:30 a.m. Worship & New Member Reception

10:00 a.m. Unitarian Universalist

11:00 a.m. Cornerstone

1:00 p.m. Interfaith Luncheon - Memorial Hall

Monday, September 20

9:00 a.m. Morning Prayer

10:00 a.m. Book Club

Tuesday, September 21

6:30 p.m. Congregation Council - virtual

6:30 p.m. Cornerstone - Gathering Room

Wednesday, September 22

Thursday, September 23

7:00 p.m. Norwich Area Clergy - virtual

7:00 p.m. AA Meeting - Memorial Hall

Friday, September 24

9:00 a.m. Morning Prayer

10:00 a.m. Bible Study

8:00 p.m. AA Meeting - Memorial Hall

Saturday, September 25

4:30 p.m. Seminar

5:30 p.m. Worship

Sunday, September 26, Pentecost 18

9:30 a.m. Worship

10:00 a.m. Unitarian Universalist

11:00 a.m. Cornerstone

1:00 p.m. Interfaith Luncheon - Memorial Hall

Monday, September 27

9:00 a.m. Morning Prayer

10:00 a.m. Book Club

Tuesday, September 28

6:30 p.m. Cornerstone - Gathering Room

Wednesday, September 29

Thursday, September 30

7:00 p.m. AA Meeting - Memorial Hall

<u>Birthdays</u>



Happy Birthday! To those celebrating their Birthday in September



12 - Linda Allen
14 - Lucille Spanos
27 - Megan Armstrong
21 - Kelsey Caulfield
20 - Bruce Ashline
21 - Eleanor Caulfield
30 - Jeffrey Briggs

If you are celebrating your birthday, and you don't see your name here - please call the church office at 860-887-6826 so we can add it to our records.

Old Batteries?:

If you have batteries that need recycling bring them to church. There is a pail in Memorial Hall for you to recycle your old batteries.

Community Luncheon

St. Mark will be providing food for the luncheon being held on September 12. If you want to help prepare the meal please talk to

Sue Underhill or Sandy Neuendorf



October Monthly Memo News Articles

Please send your articles for the October Monthly Memo to st.marklutheran248@gmail.com by Monday, September 20. Thank you.

Community Luncheon Grab and Go

The Community Luncheon Grab and Go is being held at St. Mark. People enter through the handicap door on the side of the building. Tables are set up with food for them to take, and they go out through the Memorial Hall Door to the parking lot.

The Community Luncheon, supported by the Norwich Area Clergy Association, provides a take-out lunch each Sunday. There is a free breakfast and lunch, Monday through Saturday given by St. Vincent de Paul, but Sunday had no opportunity for those in need to have food. Many years ago the NACA began the practice of giving the meal on Sunday to those who live on the streets and those who have no other means of securing food. St. Mark has been involved with this important ministry from the beginning so many years ago. St. Mark has joined with other congregations here in Norwich in providing for the needy. If you would like to be involved please talk to Ines Kallmeyer, Sue Underhill or call the church office.

Cereal Ministry

We'll continue to feed the people for St. Vincent de Paul Place: During the COVID pandemic it has become more difficult to shop for groceries. To simplify giving to St. Vincent de Paul Place you can drop off your cereal at St. Mark or send a check (or drop it in our mail slot) with St. Vincent de Paul in the memo section. They are accepting other non-perishable food items as well. We will send the money and cereal to them once a month.

If you would like to give to this ministry, any donation would be appreciated. This is our opportunity to still safely support an outreach ministry.



Prayer List

We include in our prayers:

Homebound members: Betty & Bob Schmidt, Bruce Ashline, Hazel Lotring, Martha Johnson, Irene Signorino.

Clergy: For Elizabeth and Jim, our Bishops; for Mary, our Pastor; for Eric, our Vicar

We pray for the sick especially: Tom Seidel, Jim Quarto, Dale Ann Beebe, Carolyn Melvin, Geri Evart, Jane, Mary, David Kuzmenko, Luis, Bob Weaver, Kathy Yarger, Charlene Seltz, Mary Elizabeth Lang, Clarice Martin, Rob Peterson, James Signorino, Christina McCann, Lina McCann, Hope McCann, Yvonne Scott, Sarah Sullivan, Parker Churney, Charles Peters, Jennifer Stark, Janet Hatch.

We pray especially for: Those with addictions, their families & friends. Children being sexually abused, adults healing from abuse, the homeless, all persons living with HIV/AIDS, those who have been affected by COVID-19. Those who are out of work or looking for work; those with a mental illness, the families and friends who support them.

For those who have died: Edith Stankiewicz, Laura Nagel, Sandra Oberg Gundlack, Elizabeth Jeppesen

Prayers Needed:

We have received a letter from Mission of the Good Shepherd Church in Belize, Central America asking only for prayers for special children in need especially Susie Westby, Myrtle Tracey, Ashanti Obrien, Orlando Jackson and Stephanie Logan. We will be including all children at this church in our prayers at St. Mark at morning prayer on Monday and Friday and at our church services on Saturday and Sunday. We ask you to include these children in your daily prayers as well. These children have very immediate needs that only God can help with.

If You or a Loved One Go to the Hospital

- * Call the church office as soon as you know you will be admitted.
- * When asked if you are part of a local faith community answer YES, and tell them where you are a member. *If you are not asked tell them.*
- * When asked if you want your name released to representatives of your church say YES. If you say no, or if you do not give our church's name the hospital will not be able to release your name to us.

Note: L & M Hospital is the only hospital that notifies us when our parishioners are hospitalized.

Facebook Page

We have increased our social media presence with an additional FB page:

ThePlace.StMark

This page is intended to share with the community the number of ways they can be fed at The Place, a place we all lovingly refer to as St. Mark Lutheran Church. A place for people to be enriched by diversity of religious traditions, to be in community, to be fed, to find music for all, to find peace, to find worship, to find book clubs, to be welcomed.



St. Mark is on Instagram

Check us out on Instagram - @ThePlace.StMark

NEWSLETTER OF ST. MARK LUTHERAN CHURCH







St. Mark Lutheran Church 248 Broadway Norwich CT 06360

860-887-6826

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September 2021 Newsletter



